

# Volunteering for Adults

Volunteers sit at the heart of what we do, so naturally we are really keen to talk to you if you have an interest in teenagers, mental health, or gardening.

***Or even all three!***



# Volunteering for adults

Volunteering roles are wide and varied and can include:

- Our Teen Garden sessions
- Liaising with our parents
- Mid week garden support
- Admin and support roles



*Fill in our  
online form  
and let's  
book a chat!*



[www.greenhub.org.uk/volunteers](http://www.greenhub.org.uk/volunteers)

