

Parent Hub support

A safe space where parents can talk with other parents dealing with the same situation.

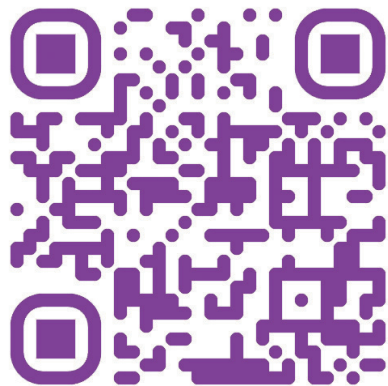
The sessions include useful information that will help you understand your teen better.



Parent Hub support

A powerful **FREE** monthly support group for parents of stressed and anxious teens...

- In person for up to 15 parents
- And online for up to 10 parents
- Facilitated by qualified youth counselling professionals.



www.greenhub.org.uk/parents



parenthub
a safe space for parents to share